

R/A

what's happening OCTOBER

Week of October 13 to October 17, 2025

MONTHLY
Highlights



Monday

Breakfast Special: Vegetable Omelet

Market Table: Swedish Meatballs, Potato and Cheese Pierogi, Chicken Paprikash, Parslied Egg Noodles, Roasted Baby Carrots, Roasted Brussel Sprouts

Lunch Special: Double Smash Burger

Chop Chop Salad: Autumn Harvest



Tuesday



Breakfast Special: Strawberry Shortcake Pancakes

Market Table: Thai Sweet Chili Tofu, Sweet and Sour Chicken, Beef and Broccoli, White Rice, Vegetable Spring Rolls, Garlic Broccoli

Lunch Special: Grilled Chicken Caesar Wrap

Chop Chop Salad: Autumn Harvest



Wednesday

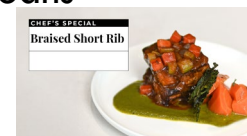


Breakfast Special: Waffle Wednesday

Market Table: Veal and Peppers, Chicken Francaise, Tomato Risotto, Fingerling Potatoes, Sauteed Spinach, Sauteed Green Beans

Lunch Special: Tuna Melt

Chef Table: LTO Braised Short Rib



Thursday



NATIONAL
HISPANIC | HERITAGE
MONTH
SEPTEMBER 15 - OCTOBER 15



Breakfast Special: Chorizo and Egg Wrap

Market Table: Ropa Vieja, Pernil Pork, Arroz con Gandules, Yucca Fries, Confetti Corn, Roasted Squash

Lunch Special: Chicken Taquitos with Fries

Chop Chop Salad: Autumn Harvest



Friday

Breakfast Special: Western Omelet

Market Table: Grilled Pork Chops, Escalloped Apples, Roasted Sweet Potatoes, Butternut Squash

Lunch Special: California Cheese Steak

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THIS MONTH'S SUPERFOOD IS

WINTER SQUASH

**FIBER
RICH**

